

D-PREP



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WAR AND PEACE



INTRODUCTION



Have you ever wondered how war and conflict affect us? This is the question that we, as middle schoolers, would like to find out and explore more. This is what we have explored in our most recent Learning Expedition: "War and Peace."

To kick-off our Learning Expedition, our teachers set up a gallery walk and took us through the different images of those who were affected by war and conflict. Walking through the gallery made us feel sympathetic for the people who had to go through it; they had to flee their own country, leave their loved ones, and most of them had to see their own families pass away in front of their very eyes. We also got a chance to listen to their interviews, and as we were listening to the audio recordings and watching the videos, we could feel the trauma they had to go through and hear the pain in their voices and see it in their facial expressions. Most importantly, we also saw their resilience and bravery in facing the big challenge in front of them. It made us wonder about the amount of struggle and hurt that they have to go through; their family has to go through and the society as a whole has to go through. The activity was indeed a moving and a learning experience for us.

As a part of our introduction to the concept of war and conflict, Amnesty International, led by Mr. Taj came to visit us at school to teach us more about the work they do around the world. They shared their work in helping refugees who were displaced because of the conflict in their own countries. These refugees rely on them for food, water, shelter and health assistance. Mr. Taj mentioned that they would also write articles to educate and inspire others to help people in need. Amnesty International's work inspired us to think of ways to make a difference in our community. This gave us an idea to put together our own NGO (Non-profit Governmental Organization) "Fresh Hope Foundation". Our aim is to help disadvantaged people; giving food, shelter and sense of worth through our projects. It is our goal to give hope to people as they face these challenges.

Fieldwork was an important component of our expedition. We went to Kanchanaburi to gain more information about how war and conflict affected people during World War II. We visited many places such as Hellfire Pass, Kanchanaburi War Cemetery, and The Death Railway Museum. At the museum, there was tons of great knowledge about the bridge that was built by the P.O.Ws (Prisoners of War) with their bare hands, the River Kwai bridge. At the war cemetery, there were graves of some known and unknown people that suffered as prisoners during the war. We also had an opportunity to meet with the son of a P.O.W., Mr. Andrew Snow. On the last day, we went to the Hellfire Pass, a famous place where people suffered from making the Burma Railway. We have seen pictures and flowers when we visited the place, which means that family members are still paying respect to their loved ones who died in this horrific event in history. If we never went to these historical places during World War II, we would never understand how people suffered during the war and how the families of those who died are still affected until now.

As a part of our investigation on war and conflict, we had a huge and fascinating opportunity to interview various people who have knowledge and experience on war and conflict. The interviews were extremely informative and helpful to us. As a student, we would've never understood or learned about war and conflict in much detail without getting to interview these experienced and knowledgeable individuals.

This expedition was a learning experience that we will never forget because it did not only help us to understand the effects of war and conflict, but it also helped us to think of ways on how we can achieve peace in the world that we live in.

**Written by Jessica (G7), Braeden (G8) and
Minsong (G7)**



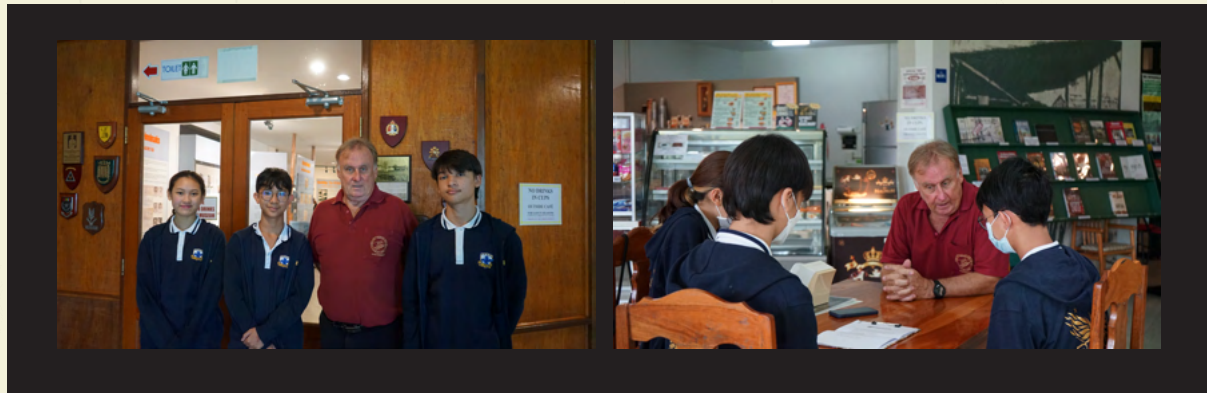
STORIES ON THE GROUND

REMEMBERING THE PAST TO BUILD A BETTER FUTURE

Written by Anannatee Muneesit (Pipe)

Andrew Snow was born in Sydney, Australia, in February 1954. He spent his childhood there before moving to Thailand in 2009 when he was offered a job at the Thailand Death Railway Research Center. Mr. Snow's interest in the job was ignited because of his father, who was a prisoner of war (P.O.W.) during World War II and was sent to work on the Death Railway in Kanchanaburi, Thailand.

The Death Railway is a railway that the Japanese army had built from Kanchanaburi, Thailand all the way to the Burmese border during World War 2. The Japanese used it to transport important resources without having to go through the allied countries. They captured over a hundred thousand allied soldiers and forced them to do backbreaking labor to create the railway. Thousands of people died working on this railway because of the bugs and insects that were infested with viruses and bacteria. They would also get punished very harshly and without a proper medical system, they needed to use make-shift tools to operate on injured prisoners. The amount of torment the prisoners felt cannot be explained by people who have not experienced it themselves.



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HUMAN RIGHTS, A PROCESS OF A LIFETIME

By Thananat Kitchathorn (Marc), Kanta Warapasakul (Pai), Punnita Polchiangdee (Punpun)

A is for Assembly, B is for Bias, C is for Consent, D is for Diversity, and E is for Equality.

These are what the first five letters stand for in the cover of Amnesty International Thailand's notebook being handed out to the middle school students inside D-PREP's robotics laboratory. Handing these out is a man with black hair wearing a white shirt. His name is Kornkitch Somjittranukit, also known as Mr. Taj, a passionate member of Amnesty International Thailand.

Amnesty International is a global non-governmental organization that campaigns to end abuses of human rights. It was founded on May 28, 1961 in London by Peter Benenson, a British lawyer who had the intention to launch an appeal in Britain, aiming to obtain an amnesty for prisoners of conscience all over the world. It is now an organization employing approximately 2500 staff in 70 countries, recently raising €357m for human rights work in 2021.



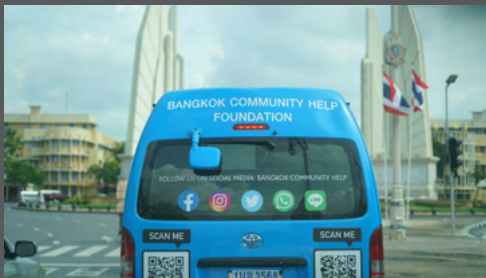
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SIMPLE THOUGHTS CAN CHANGE LIVES

Written by Aliya Hanpanich (Aya) and Papitcha Vejmongkolkorn (Puifai)

You've all walked across the streets of Bangkok. There has to be a time when you saw someone searching for food. Most of us would've looked away, but for some, they take the time to stop and help them. That is exactly what the D-PREP middle school students have done for their project.

Following our work about interviewing and donating, we wanted to get some hands-on experience in the real world. We decided to find a similar NGO, Bangkok Community Help (BCH). BCH is a non-governmental organization (NGO) that is based in Samut Prakan and Bangkok. BCH helps the disadvantaged, poverty stricken, and homeless through donations, community work, and more. BCH was founded by entrepreneurs Greg Lange and Friso Poldervaart.

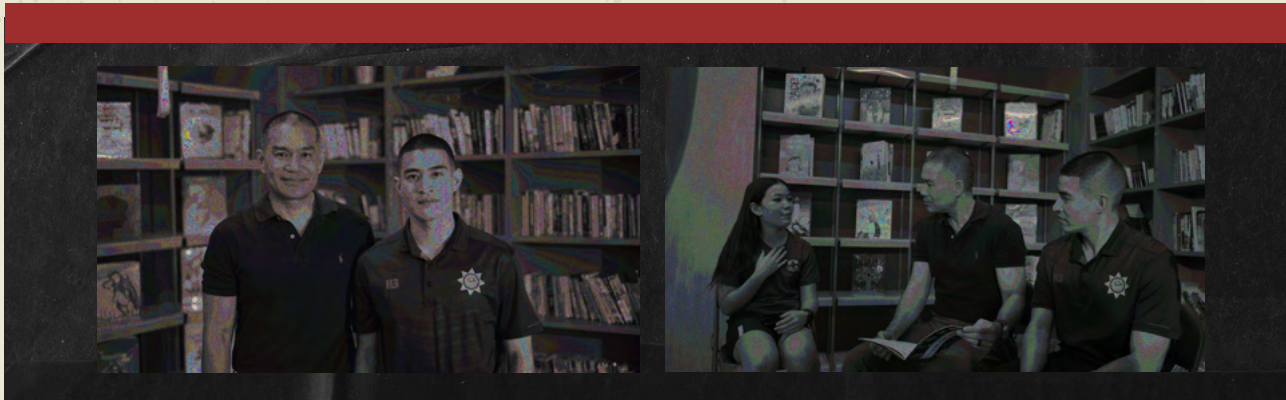


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TACKLING THE NATION'S PROBLEMS ONE AT A TIME

Written by: Natwasa Singhapanich (Ping Ping) and Passarawan Athipansiri (Aoey)



Have you ever seen drugs before? Countless people are addicted to drugs for many reasons such as to look cool, to destress, and to know how it feels. But what are the effects of these drugs? Drugs can make people confused about what they are doing and steal things. On October 6th, 2022 a former policeman killed 34 people, including his wife and son, because he was on drugs. When we heard about the killing, we felt sad, disgusted, and afraid.

We had the chance to interview a police officer who has arrested people with drugs before. His name is Khun Saksuntorn Praemon, also known as Khun Mhee. He taught us about cyberbullying and fake news, and how determine if a drug is real. He also talked about how drugs are affecting society and how close it was to us. Khun Mhee believes that drugs are not part of one country alone, it affects the whole world. Khun Mhee is currently a police officer working on international crimes, so he has a lot of knowledge about how drugs are affecting society. He also solves conflicts between countries.

One example of the conflicts that Khun Mhee solves is when a Thai citizen goes to another country, or if another person enters Thailand, and commits a crime, he will have to communicate with the other country and solve the problem. One lesson that Khun Mhee taught us was we should always help each other because, like countries, if we don't help them, we will end up as enemies.



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FIGHTING FOR PEACE AWAY FROM HOME

Written by Ai-warisa Ittiravivong (Ai)
and Nattanan Singhanpanich (Mimi)



Mariana Stepas, or Marie, for short, is a young delightful Ukrainian woman who joyfully enters the room, ready to share her point of view about the situation between Ukraine and Russia. She smiles brightly throughout, but there was a sense of defense for her country in her voice.

On the 24th of February, 2022, Russia's invasion of Ukraine was the major threat to Europe's peace and safety since the end of the Cold War. This conflict has affected both Ukraine and Russia and caused massive chaos. No one can live peacefully since then, and working on solving it was a ginormous mess.

The war between Ukraine and Russia had affected many Ukrainians, both in their home country and far away. Marie was one of them, although she was not directly affected by the war since she lived in Thailand when the war occurred. However, she still had her family members living through all the restlessness in Ukraine.

"It's something that is still difficult to wrap around my head. It's something that no one believed would happen," Marie shared.



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THE STORY OF A COURAGEOUS HELICOPTER PILOT

Written by Pitchapa Vejmongkolkorn (Gaemyui), Jihyung Park (Ji),
Angsavee Sritanyaluksana (Pran)

Imagine having two bodyguards walking by your side every time you go somewhere. The bodyguards are huge, powerful, and frightening. They wear black suits and follow you around everywhere to make sure you are safe. They always carry big guns, and hold them in a position so they can attack someone at any time. They stick with you all the time. You are wedged in the middle, each bodyguard on each side as if you are a piece of meat between a tiger's teeth. This is the life of Mr. Tharapong Roongroj, better known as Captain Nat.



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CHOOSING JUSTICE AND MORALITY IN TIMES OF CONFLICT

Written by Ultimapon Khunwet (Cream) and Nannalin Pornprasertsom (Fleur)

Some people want to be a doctor, others may prefer to be a teacher. There are thousands of jobs out there in the world that Mr. Kasidej Chutiman could have chosen from, but he chose to be a representative for Thailand. He chose to serve this country with his best intentions. He chose to be a senator. We chose to interview him. On Monday 16th January 2023, the senator slowly sat down in front of us, he explained, "I chose this job because I want to represent the Thai people. I want to be a representative for this country."

Khun Ohm is a dedicated member of Parliament and is the representative of Ladprao district. He has been involved in political jobs for over 20 years. He started working as a local senator and did this job for 18 years before doing a similar job for four years for Thailand. He wanted to be a representative of his community and help to make it a better place for everyone. Khun Ohm has done numerous things for the community. For instance, solving the huge flood problem in Oct- Nov 2011, exterminating mosquitoes after the big floods on December 11, 2011, and countless other projects in the past.



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FRESH HOPE FOUNDATION

WHO WE ARE

We are middle school students from Didyasarin Preparatory School of Bangkok. We have made an NGO to help the poor and homeless, the name is Fresh Hope Foundation. We fundraise and volunteer in different places around Bangkok and Samut Prakan.

real Non-Governmental Organization to help real people. It was a challenge, we accepted it. Our work began immediately. We got to talk with another NGO, Amnesty International, a big NGO, to help with many things, from droughts to education to refugees. We were inspired. Many ideas were made to help people in need. In Social Studies, we have been learning about war and conflict. In English class, we learned about opinions and resolving conflict. We all noticed it was related to war, refugees, and everything summed up into homeless and disadvantaged people. So, our real NGO was established with the mission of helping the homeless and poor people.



WHAT WE DO

We have been doing some projects involving donating and volunteering. Our first project was on D-PREP's Halloween celebration when our NGO team fundraised for Fresh Hope. We raised almost 5000 baht! After the successful project, we met with another NGO, Bangkok Community Help. They were based in Bangkok and gave food to the elderly and homeless. Our NGO went to different places around the Democracy Monument area, where we gave food and masks to people in need. We had an excellent interview with the BCH directors, and we knew more about their backstories and inspirations. This event inspired us to try to publicize our projects and work, so we made a website telling who we are, what we do, events, design solutions, and contacts.

WHY WE DO THIS

Think of a city. It could be any city. Think of just one country, it could be a country. Think of Thailand. Around the country, there are over 30,000 homeless people in dank, dark, dreadful conditions. Think of it, 30000 stuck in the streets, people in the streets, losing their sense of self-respect, being spit on by wealthy passersby, and litter thrown around them. That, precisely, is the reason why we have created Fresh Hope Foundation.



HOW WE CAME UP WITH FRESH HOPE FOUNDATION'S LOGO

Written by Kammika Srirueng Mokka-smita (Nami) and Nichamon Saicheur (Mint)



When we were given a mission to make a logo for our NGO, we were so excited and we knew that it would be a big task because our logo is going to be everywhere. We were inspired by many other NGOs and saw how their logo connects to their NGO. We had many ideas and we went through many many revisions to make sure that it would connect best with our NGO.

We chose the colors yellow, light blue, and dark blue, because they are also in D-PREP's school logo.

The color blue is like the sky. It also means freedom.

Yellow means kindness, a value needed to wholeheartedly help people in need.

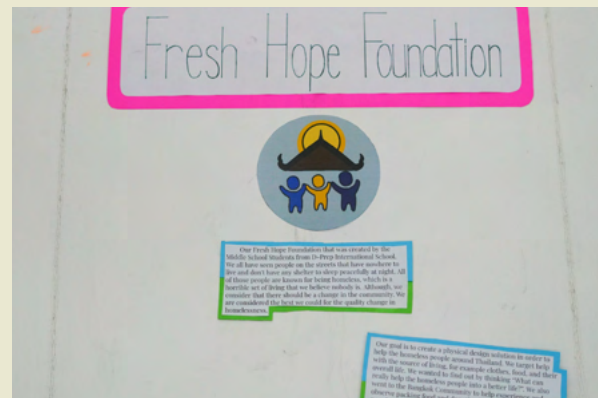
Dark blue represents love and a happy mood. We help other people who are healing with love and we try our best to make them happy. When we see others smiling, we become happy too.

The gray background represents how one would feel if they did not have a safe home. When one is gray, they are sad, cold, and are likely losing hope.

The yellow and orange sun symbolizes happiness and hope. It shines the way for those in need so they may find their way out of darkness.

The brown roof is a Thai design called "Sala." We chose this style because it proudly represents our country, Thailand.

Lastly, we put three people in the middle because Sala also symbolizes a path, meaning it connects homeless people to a path of new hope.



D-PREP OUTBOUND

REALIZATIONS ON HUMANITY AND PRIVILEGE

Written by (PingPing) Natwasa Singhapanich

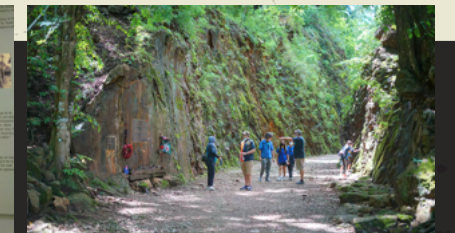
The outbound trip to Kanchanaburi was memorable, unexpected, and unforgettably sorrowful. This experience made me realize that some humans can be as cruel and ruthless as any other creature. It made me rethink if humans are actually the most intelligent organisms on the planet.

On the first day at Kanchanaburi, we stopped by the Thai-Burma Railway Museum. I learned about life working on the Thai-Burma Railway and how harsh life was for the hard-working prisoners of war. I realized that the people working on the railway were walking on a tightrope and could die at any moment. Thousands of people put their life on the line just to build a railway that was only used for a couple of years.

The more I learned about the amount of labor and pressure put on the prisoners, the more I felt furious. I felt like the widely acknowledged brainpower of humans was fake because anyone wise would never pressure humans to build a 415-kilometer railway in 1 year and would rather find a different solution to the problem. Seeing photos of the sinewy people building the railway was extremely depressing, and I often wonder how they were able to endure it all without support from anyone.

On the second day, we went for a walk in Hellfire Pass. I immediately felt the despair and misery floating in the air. It felt like the prisoners of war who died were still there, haunting the place. I learned how they built such a long cutting, and I am sometimes curious if I would've survived the torturous, anguishing, and excruciating labor the Japanese put the prisoners through. The people were put through so much work and pressure that it was hell for them to live as a worker there. Compared to them, my whole life was a paradise. I had clean water to drink from, healthy and delicious food to eat, and a comfortable house to live in with my whole family. Not to mention a prestigious school to learn in and a ton of supportive friends. I felt like I was awfully ungrateful.

This expedition changed my perspective on my life. I used to think it was unfair that I had to work or study harder than others, but now that I learned about the unfortunate lives of these people during wartime, I realize how lucky I was to be born in a caring, loving, and financially stable family. After researching, reading, and studying more about life as a P.O.W., I felt great despair for the people whose lives were lost to build the historical Thai-Burma Railway, and I hope humans would never make the same mistake ever again.



ONE DAY AS A POW IN HELLFIRE PASS

Written by Angsavee Sritanyaluksana (Pran)



What would you do if you traveled back in time and spent one day working at the Hellfire Pass? If I were to go back in time and end up working and building the Hellfire Pass, I would feel awful. I would feel bad for the people working with me trying to build the Hellfire Pass because I know that most of them are most likely going to die working there. The negative energy would be so high making me feel as blue as walking through the rain in pain. It's also such a shame that most of them would die at such a young age locked in a forest that seemed to be a cage to them, trying their best to build the Hellfire Pass that would be in use for just 2 years after World War II ended.

If I were there working at the Hellfire Pass, there is a high chance that I would not make it until the end of the day and most likely die. The first reason is that I know the Hellfire Pass won't be in use for so long, so I won't put my heart, soul, energy, and time into building it. Since I won't be trying very hard to build the hellfire pass, the less I try to build it, would mean, the less the portion of my food will be served to me. The food I received would be as little as a pinch of salt. I would be starving and I would die because of hunger. I would be so hungry that if even the last thing on earth were rats, I would probably eat the nastiest, disgusting rats too.

Perhaps, if there was a miracle and I survived, I would be so happy and feel like I'm eating the world's tastiest, most stupendous, and best food ever. Eating the food served for P.O.Ws, on the other hand, would taste as bad as eating burnt egg, perhaps worse, and I thought my cooking skills were bad. Considering I'm a picky eater I would not imagine myself eating the food, but because I'm so hungry from all the hard work I've done for the day, I would be finishing all the food in a millisecond.

When the muscular Japanese soldiers would let us sleep, I can imagine a lot of people crying and mourning over some of their friends who might have unfortunately died in this tragic historical event. Some might even be crying because they miss their old life with their family and their loved ones- when they were very comfortable, living like kings. This place we are sleeping would make me so sad that I would cry with them too. I know that the day will end soon so I would sleep as fast as possible and hopefully kill the pain away.

The next day, when I wake up to my reality, I would probably be super exhausted with tears in my eyes regarding the sadness from the other day. At the same time, I would be so happy being safe, having loved ones still with me, eating the fantastic, delicious food that my mom makes, and not working half as hard as the P.O.Ws do. I would feel like I'm on cloud nine. I would be happier than ever, and I would learn the value of life. Most importantly, I would learn to appreciate the time I have in life and the simplest things on earth, that I would've taken for granted if I had never spent a day in the life of a P.O.W.

D-PREP FIELDWORK



COMPASSION ON THE GROUND LEVEL

Written by Ai Ittiravivong

On the 1st of December, we went to Bangkok Community Help, a foundation that helps people struggling financially, mainly helping homeless and elderly people. Elderly people are struggling since they only receive 600 baht a month from the government, which averages out to 20 baht daily. It's not enough, is it? We all probably use more than 20 baht a day to buy food and necessities. If you add savings, rent, and utilities, 20 baht is not enough.

The objective for visiting Bangkok Community Help was for our NGO project to get inspired by how an existing NGO operates and how they help struggling people. In the morning, we went to Bangkok Community Help's headquarters and helped them sort out books and prepared food that we would soon distribute. Their headquarters was not as we expected. At first, we assumed it would be a nice building. However, it was like an average house in Thailand, but not really wealthy, welcoming, and worth the time. Judging from the appearance of the building, it was expected that the area inside was not what we had in mind.

Inside the house, where there should supposedly be a garage, were tight corridors and gigantic boxes since there were loads of donations. It looked extremely dusty and unclean like no one had tidied the house for ages. The surroundings looked ancient, like they inherited the house from their grandparents. As we flowed into the house itself, it became extremely claustrophobic as each person stepped in. After gathering everyone, we got to experience what it was like in the stage of preparing food for the homeless people.

The workspace was a tiny area with a low ceiling and enormous bowls filled with white rice. In one of the room's corners, there stood a table with tiny bags of plant-based food to go with each food box. The boxes were laid nicely on tables in the middle of the room. A moment later, the founder of Bangkok Community Help gave us a little presentation about their organization. He guided us on ways we could help, and then we split up and completed our assigned helping tasks.

We started to help distribute the rice into each box paired up with a bag of plant-based protein, as well as boxing up one box with an elastic band and laying them neatly into another larger box. These larger boxes are for storing the food boxes throughout the travel around the area. Box after box, we were soon finished preparing the food to hand out to the homeless.

Another group of us helped sort out books that came in donations. The books were from various donations from different places. The volunteers sorted them out into categories like kid's pleasure books, kid's education, etc., and we helped them put the books in boxes with different categories. The sorting activity happened outside, right in front of the door. It was an extremely hot and sweaty scent that hovered around the surroundings since many people packed up in a claustrophobic area, in addition to the people inside walking through the narrow door. To add to the crowded misery, the condition that some books were in wasn't really pleasant. Some books were dusty, and some books were in a poor state. Eventually, it was time to distribute food to the homeless.

Later in the day, we went around the area to distribute food to the homeless people. The number of homeless people was surprising because, throughout the stops that we made, each stop had at least 20 to 30 people waiting patiently in line to receive the food given. Throughout the distribution, people constantly walked by to pick up the prepared food. Although they look like ordinary people with average wealth that can get them through life, they still lack the needs they are supposed to have to survive.

One example would be hygiene. Homeless people are often found on the streets, lying on filthy grounds beside the roads. How can they care for themselves if they do not have a proper home? They would not be able to receive the hygiene they need, such as clean showers and health treatment like medicine.

Our group brainstormed the design idea of portable showers. In our idea, we planned to use a truck and add two toilets, two showers, and one medical room. The medical room is for homeless people who have health problems or got injured to receive medical treatment. Although this is still an idea, we hope to solve one of the homeless' problems with hygiene and medical care.

REFLECTIONS

During our learning expedition, I have gained new skills. One was RESILIENCE, to always remember why you are working and to never give up. Another was COMPASSION, to always be kind and help others. A life skill I improved on was SOCIAL UNDERSTANDING, because I was going to different places and understood the wider world. I finally realized how thankful I should be to have a great family, and attend a great school. Our journey this semester is an experience I will never forget, and I will remember and cherish this experience. (Aya, G6)

This Learning Expedition taught me to be OPEN. It made me realize that people's experiences around the world are different from our experiences. Our NGO project made me feel that I am part of a community and I enjoyed it. (Naki, G6)

This learning expedition made me realize that we need to help less fortunate people. We have to be respectful to them even if they don't have much. (Pie, G6)

In this learning expedition, we learned many things about war and conflict. One of the highlights of my experience was the Kanchanaburi trip. When we visited the Hellfire Pass, I felt so sad and I had many questions in my head the whole time. How could people do this? I now understand that war was the worst thing that happened to people. We need to be kind to each other in this world. It also made me understand people better. My social understanding is better after talking to more people and learning about their lives. That is why we are making an NGO to help homeless people in our community. I felt that I am more compassionate towards unfortunate people. This makes me realize that we are active citizens who want to help others. (Mint, G6)



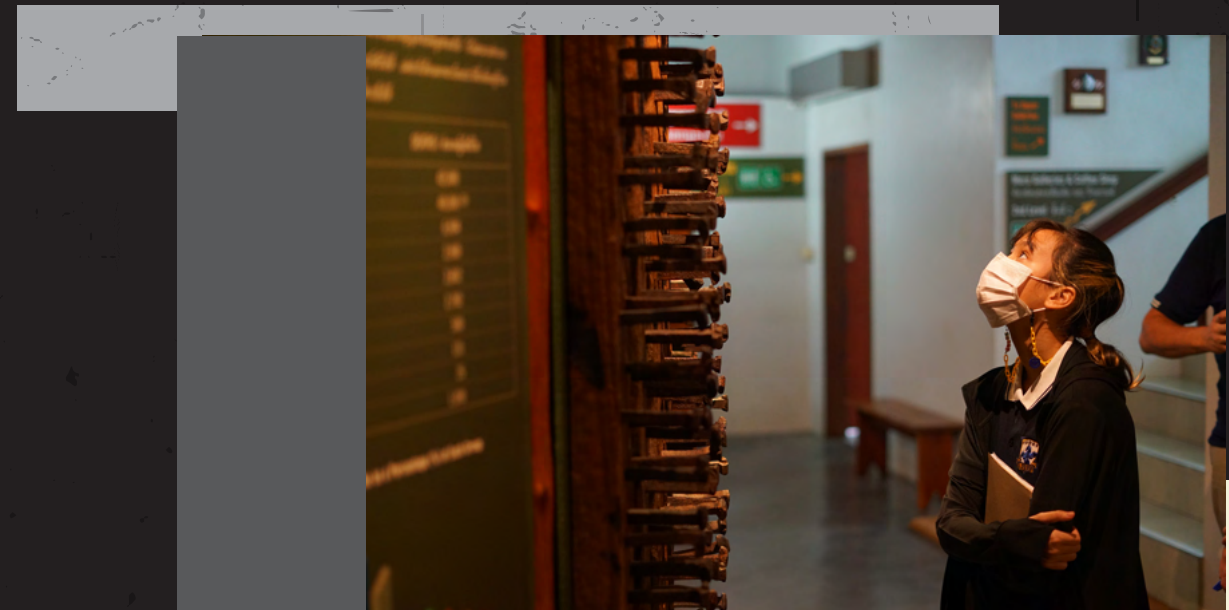
I finally feel and begin to understand the impact of war and conflict, to not only me, but also the others. We have been studying about war and conflict and it was a very challenging, exhausting, and exceptional project and experience. Throughout the exhibition, I have to be resilient in order to produce outstanding work and I also have to be open when we interview people and to try new things. (Puifai, G6)

This learning expedition taught me to appreciate things and made me realize that I really enjoy being a part of a community that helps people. (Nami, G6)

This marvelous, once-in-a-lifetime expedition prepared me for the multitude of challenges that I will have to face in the future. The obstacles that came with the exhilarating adventure taught me to be open, thankful, adaptable, compassionate, and resilient. Overall, studying about war and conflict was thrilling, and getting to contribute towards the community is something I wish to do more frequently in the future. (PingPing, G7)

This quarter has taught me many things. For example, the Halloween event taught me to be adaptable, thankful, and open to the environment. The game that my friend and I made was called Possessed Pokey Pokey Point. There are different layers on the board and different prices for different layers. While creating it, we ran into numerous issues. The sign we created kept slipping off and wasn't interesting enough to cause the booth to pop off. We were sort of in a race against time since it was the last day.

In keeping with the Halloween theme, we chose to create a red handprint sign using our hands. The outcomes were astounding, breathtaking, and unexpectedly superior to the one we planned for at first. At first, I didn't think our idea would work out and raise this much money. It affected me a lot because it's something I never thought I would be able to do. This taught me to be thankful for good things that happen unexpectedly.



Another thing that altered my perspective was working with Bangkok Community Help. At first, I was unsure about what to do and worried that I might make a mistake. I was asking myself at the time, "What is the point of doing this?" but while we were distributing meals to the homeless people, I realized that not everyone has the same opportunities as me and that I should be grateful for the things I have right now. I also realized that I want to make changes for the homeless because I want them to have a better life.

In conclusion, this quarter has taught me how to be more open, thankful, and adaptable. I am very thankful for all the opportunities that the school has given me. I believe that all of this will be used later in life. (Cream, G7)

After all of these projects there is one big thing that I really learned, life skills. We use life skills all the time throughout the expedition. I learned about self understanding. It is knowing what I am good at and sharing it in my group. Social understanding is how I understand my teammate's ideas. (Ja-ae, G7)

You might be wondering, why exactly are we so determined on this NGO project? Well, we want to be active citizens and help disadvantaged people as much as we can. During this learning expedition, I have learned countless lessons, from conflict to working as an NGO with my friends. I thought that I was resilient at first, but doing all this makes me learn even more about resilience.

The first thing we learned in this project was about conflict and how people were affected by it. We learned a lot about the conflict that happened between Thailand and Japanese soldiers in Kanchanaburi. In the museums there I saw many examples of how the people affected by the war (prisoners of war) were suffering, and I felt extremely sympathetic

After learning about war and conflict, we started Fresh Hope, an NGO to help restore hope to people suffering from poverty. Since Halloween was coming up, we decided to earn some money to donate to charity. It was somewhat difficult for me to think of game ideas as an indecisive person. It was also really hard to create the props by ourselves. I was open to my teammate's ideas, and listened to him if he had anything he wanted to add.



This expedition gave me a lot more experience in interviewing and teamwork. I appreciate the opportunity I was given a lot. (Neutron, G7)

Helping homeless people makes me thankful for what I have and that I have a house, food, water and education. (Nora, G7)

This whole expedition was like a dream where you are about to fall from a cliff but end up waking up first, and many things could've gone wrong. However, it taught me to be adaptable, thankful, resilient, responsible, aware, and appreciative of what I have. This project was really a rollercoaster, everything happened so quickly and everything changed fast. This will be an unforgettable experience for me. I will probably never forget this whole experience. (Pran, G7)

During this expedition I learned more about life skills. I learned how to be more open and understand people who are different from me. (Prin, G7)

This learning expedition was tough but I believe that everyone got through and I firmly believe that I've gotten through it smooth like butter. I have definitely shown my co-creators values such as being ethical, courageous, and resilient. (Jessica, G7)

Making our product for the NGO was challenging because I was bombarded with problems and mistakes. However, making these mistakes helped me improve.

During our fieldwork with Bangkok Community Help, I also felt scared that I might mess up, but as we packed and handed food out, I became more confident and social. I was able to let go of the evil thoughts in my head that were telling me I couldn't do it.

We also learned about the war in Ukraine. After interviewing people whose families experienced the war, I felt amazed at how brave they were. It made me more open-minded especially when it comes to helping refugees. (Min Song, G7)

We had to do a lot for this learning expedition and one activity that we did that impacted me was the Kanchanaburi outbound trip. I finally understand how our parents feel going to work every day working so hard. (JJ, G7)



This project has taught me to be my better self, trying new things and fearless attempts. It led me to discover a lot of my abilities and learn along the way through the making of this project. From the beginning to the end, what I thought was impossible were all accomplished. (Ai, G8)

Our big project, which is our NGO to help the homeless, was a tremendous amount of work to do. We also had a chance to be part of the Bangkok Community Help. I had so much time working with this organization and I felt really happy making people smile when we helped the homeless. (Aoey, G8)

It was a rollercoaster ride of emotions, but when I looked back I enjoyed every last bit of it. I am very proud of the product my friends and I have created. It was such a fantastic journey that was filled with hardships and rewards we earned ourselves. We are now going into the end phase of our journey and I just have to say that all the rigorous work and burnout really paid off. War and conflict and how it's affected people is truly a fascinating subject to take a dip in, but that simple dip turned into a deep dive. (Pipe, G8)

All in all, this unique experiential expedition has certainly been the most stressful, tedious, and the busiest time I have ever encountered. Nevertheless, it was also an astonishing and heartfelt experience I wish to encounter again. Overall the past few months of my journey had taught me a deeper understanding of the world, community, and even myself. (Mimi, G8)



I strongly believe that this has made me become more confident and set myself a schedule in order for me to have time management so I can finish my work. Overall, this expedition was enormous and it's a lifetime experience that has taught me countless things. (Gaemyui, G8)

This is a good project because we got to help people living around the city and I learned to care more about the homeless. (Pai, G8)

I learned how to use and design models in 3D projects from this project. We also learned a lot about homelessness and conflict. Helping people who have been through a lot also makes me happy. (Nop, G8)

I never actually understood how homeless people felt until I learned and experienced helping them. I've started thinking about my life and how I've got many opportunities and a safe environment. From now on, I will always be grateful for that and help support people in need. (Braeden, G8)

I realized that I was taking my own life and living standards for granted. This expedition made me aware of how conflict and war affects people. It was very appalling to know that war and conflict had the ability to destroy someone's childhood. I can't imagine growing up without a father. (Marc, G8)

During this learning expedition, we got to know Amnesty International Thailand, an NGO that helps fight abuses of human rights. I got inspired from them and I really want to help others too. (Liv, G8)

Working on this expedition helped me become a more adaptable and patient person, and I learned how to get work done on short notice. Overall, this expedition was a meaningful experience, I learned new things and tried new things, but in between, there were times that I had a lot of fun and I hope I get to do it again next time. (Fleur, G8)



It felt sad seeing people with no homes to sleep in, and I'm glad I was able to donate food and see them smile. Our trip to Kanchanaburi made me feel more respect for the soldiers in Thailand who fight to keep the country safe. (Mac, G8)

War and conflict really opened my thoughts about how humanity worked in the past, and how it's been changing little by little. During this expedition, I personally think that I have been improving my time management skills to do work and stuff. I hope that in the future, the world will be peaceful and homeless people will have a happier life than before. (Punpun, G8)

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By Liv, JJ, Baimon

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